

Beat the Ball

Children can be split into smaller teams for this game but a ball is required for each team.

One player passes the ball to the person next to them and then has to run around the outside of the circle. The rest of the players in the circle have to continue to pass the ball around until it returns to the empty space.

If the runner beats the ball back to their space they stay in the circle and the next person takes a go.

If the ball beats the runner they stand in the middle of the circle until the next person has completed their go. They can then re-join the circle.

