

*Following the devastating events in Manchester, the psychological service Alliance have put together the following information to help parents source information on how to talk to your children about difficult situations and subjects. The emotional well-being of our children is key, so we do hope that you find the following links useful.*

Childline 0800 1111

[www.itv.com/news/central/update/2017-05-23/childline-offer-advice-to-parents-in-wake-of-terror-attack](http://www.itv.com/news/central/update/2017-05-23/childline-offer-advice-to-parents-in-wake-of-terror-attack)

*Young Minds advice and support and a parent's helpline*

<https://youngminds.org.uk/blogs/talking-about-traumatic-events/>

*Winston's wish have some helpful information responding to CYP affected by the media coverage in Manchester*

<https://www.winstonswish.org.uk/>

<https://childbereavementuk.org/>

*They have a good leaflet on supporting children after a frightening event.*