

## Heads, shoulders, knees and toes

### Instructions:

Whilst singing the song, your child may join in with the actions tapping the body parts within the song.

Head, shoulders, knees and toes, knees and toes  
Head, shoulders, knees and toes, knees and toes  
    And eyes and ears and mouth and nose  
Head, shoulders, knees and toes, knees and toes

Extra verses can be sang, missing out certain words to make it more challenging.

Verse 2  
----, shoulders, knees and toes  
Verse 3  
----, ----, knees and toes  
Verse 4  
----, ----, ---- ---- toes  
Verse 5  
----, ----, ---- ---- ----

This pattern continues until the children are silently tapping their body parts in rhythm with the song.