



Myton Park Primary School PHSE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us? Inc different families.	What helps us stay healthy? Inc keeping clean and taking care of ourselves.	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying? Friendship and Feelings	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy? Inc naming body parts.	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe? Inc my personal and private parts and keeping safe.	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect? Inc gender stereotypes and aspirations	How can we manage our feelings?	How will we grow and change? Inc body care	How can our choices make a difference to others and the environment?	How can we manage risk in different places? Inc people who keep us safe on and off line.
Year 5	What makes up a person's identity? Inc identify and prejudice and equality an the law.	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely? Inc friendships online and offline and friendships and pressure.	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? Inc RSE	