

MENU WEEK THREE

	MAIN MEALS	VEGETARIAN	DESSERTS
MONDAY	Chicken & Tomato Pasta Bake, Peas & Sweetcorn	Quorn Katsu Curry & Rice (V)	Chocolate Brownie
TUESDAY	Beef Enchiladas with Wedges Sweetcorn and Green Beans	Cheese & Tomato Pizza & Wedges (V)	Apple Sponge & Custard
WEDNESDAY	Chicken Tikka Masala & Rice, Broccoli and Sweet Potato Wedges	Vegetable Lasagne & Garlic Bread (V)	Carrot Cake
THURSDAY	Chicken Casserole & Yorkshire Pudding, Mash, Carrot & Broccoli	Vegetable Stir-Fry with Noodles (V)	Jam Sponge & Custard
FRIDAY	Fish & Chips with Peas & Beans	Cheese Quiche with Peas and Beans (V)	Strawberry Cheesecake

V VEGETARIAN

Vg VEGAN

MSC FISH