



Forest School Days

We are happy to announce that Forest School will start from next week (w/c 15th September). Year 1's session will take place on a Thursday afternoon.

Year 2's session will take place on a Wednesday afternoon.

'There is no such thing as bad weather, only bad clothing.'



What is Forest School?

Forest School for Key Stage 1 is a long-term, nature-based learning approach that uses the natural environment as a classroom to develop children's social, emotional, and physical skills through child-led play and exploration. It fosters self-esteem, creativity, and a connection with nature by providing regular, hands-on outdoor experiences that encourage appropriate risk-taking and problem-solving in a supportive community.



Clothing

Children are to come to school wearing their PE kit on their Forest School days. The session will be outdoors so they will need comfortable footwear. We will go into Forest School in all weathers except for high winds and thunder and lightning. This means there may be occasions when we get very muddy! We do our best to clean off the thick of the mud but it is not possible to do a full change of clothes before home time.

You will need:

- A PE hoodie to wear over your white t-shirt (to protect from bites, stings and scratches)
- Long trousers (navy jogging bottoms/leggings to protect from bites, stings and scratches)
- A waterproof coat (puddle suits or waterproof trousers are very welcome during the wetter months)
- Wellies (these can be left in school if you prefer)
- Extra layers (jumpers, hats, gloves, etc) for cold days or caps during hot spells