

MENU WEEK ONE

	MAIN MEALS	VEGETARIAN	DESSERTS
MONDAY	Lasagne & Garlic Bread	Omelette, Roasts & Beans (V)	Iced Sprinkle Sponge & Custard
TUESDAY	Cheese & Tomato Pizza, Wedges & Green Beans	Vegetable Lasagne (V)	Carrot Cake
WEDNESDAY	Chicken Tikka Masala, Rice & Naan Bread	Cheese & Onion Quiche, Broccoli & Sweetcorn (V)	Rhubarb Crumble & Cream
THURSDAY	Sausage & Mash Carrots & Peas	Vegetable Stir Fry & Noodles (V)	Rice Pudding
FRIDAY	Fish & Chips, Beans & Peas (MSC)	Quorn Nuggets, Chips & Beans (V)	Ice Cream, Fruit & Wafer

V VEGETARIAN

Vg VEGAN

MSC FISH